## WHAT IS CLAIMED IS:

- 1. A method of treatment for one or more substrates in an individual, comprising:
- positioning a means of securing said substrate(s) proximally thereto, wherein said securing means is a susceptor or comprises a susceptor;

applying energy to said substrate(s) or to said susceptor or to a combination thereof to generate heat therein; and

fixing said substrate(s) via said heat thereby effecting treatment.

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- 2. The method of claim 1, wherein said substrate(s) is a tissue, an implant or a bandage.
- 3. The method of claim 1, wherein said susceptor is a metal, a liposome encapsulating a metal, a dye, an ion, a mixture of ions, or an ultrasound contrast agent.
  - 4. The method of claim 1, wherein said susceptor comprises matter with non-zero electrical conductivity.
- 5. The method of claim 1, wherein said susceptor is diamagnetic, paramagnetic, or ferromagnetic.
  - 6. The method of claim 1, wherein said securing means is a surgical fastener, a laminate or a surgical fitting.

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- 7. The method of claim 6, wherein said surgical fastener is a staple, a clip or a suture.
- 8. The method of claim 1, wherein said securing means further comprises an adherend.

- 9. The method of claim 8, wherein said adherend is a protein or a polymer.
- 10. The method of claim 1, wherein said energy is conductively or 5 inductively applied.
  - 11. The method of claim 1, wherein said energy is applied in pulses.
- 12. The method of claim 1, wherein said energy is radiofrequency energy, radiant energy, or vibrational energy.
  - 13. The method of claim 12, wherein said radiofrequency energy has a frequency of about 20 KHz to about 40 GHz.
- 15 14. The method of claim 1, wherein the energy generates an electromagnetic field.
  - 15. The method of claim 14, wherein said electromagnetic field is generated via an antenna.
  - 16. The method of claim 15, wherein said antenna comprises at least one coil of electrical conductor.
- The method of claim 16, wherein said electrical conductor is a solid wire or hollow tubing.

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- 18. The method of claim 15, wherein said antenna is a single coil antenna, a double coil antenna or a solenoid antenna.
- 30 19. The method of claim 1, wherein fixing said substrate(s) forms a scaffold or a lattice structure within said substrate or between substrates.

- 20. The method of claim 1, wherein fixing said substrate(s) seals a tissue, fills a tissue defect, or bonds tissues together.
- 21. The method of claim 1, further comprising:
  controlling the fixing of said substrate(s) via feedback monitoring of a
  property of said susceptor, said energy or a combination thereof.
- 22. The method of claim 21, wherein said property is heat, an electrical property, eddy currents, conductivity, or frequency changes or a combination thereof.
  - 23. The method of claim 22, wherein heat is monitored via optical detection.
    - 24. The method of claim 23, wherein said optical detection is infrared.
    - 25. A fusion composition to secure a substrate comprising: a susceptor; and an adherend.

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- 26. The fusion composition of claim 25, wherein said susceptor is a metal, a liposome encapsulating a metal, a dye, an ion or a mixture of ions, or an ultrasound contrast agent
- 25 27. The fusion composition of claim 25, wherein said susceptor comprises matter with non-zero electrical conductivity.
  - 28. The fusion composition of claim 25, wherein said susceptor is diamagnetic, paramagnetic, or ferromagnetic.

- 29. The fusion composition of claim 25, wherein said adherend is a protein or a polymer.
- 30. The fusion composition of claim 25, wherein said composition comprises a surgical fastener, a laminate or a surgical fitting.
  - 31. The fusion composition of claim 30, wherein said surgical fastener is a staple, a clip or a suture.
- The fusion composition of claim 25, further comprising: a heat-sensitive material.
  - 33. The fusion composition of claim 32, wherein said heat-sensitive material is a dye, a ferromagnetic material or a liposome.
    - 34. A device for fixing tissues, comprising:

a means to provide energy;

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the fusion composition of claim 25;

an applicator comprising said fusion composition;

a means of applying said energy to said fusion composition; and

- a means to control a property of said fusion composition or said energy or a combination thereof.
- 35. The device of claim 34, wherein said energy is radiofrequency energy, radiant energy, or vibrational energy.
  - 36. The device of claim 35, wherein said radiofrequency energy has a frequency of about 20 KHz to about 40 GHz.
  - 37. The device of claim 34, wherein said means of applying energy is inductive or conductive.

- 38. The device of claim 37, wherein said inductive means of applying energy is an antenna.
- 5 39. The device of claim 38, wherein said antenna comprises at least one coil of electrical conductor.
  - 40. The device of claim 38, wherein said electrical conductor is a solid wire or hollow tubing.
  - 41. The device of claim 38, wherein said antenna is a single coil antenna, a double coil antenna or a solenoid.
- 42. The device of claim 37, wherein said conductive means of applying energy comprises an electrode, an electrode pair or an electrode array.

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- 43. The device of claim 34, wherein said control means is self-limiting.
- 44. The device of claim 43, wherein said self-limiting control means is a heat-sensitive dye, a liposome or a ferromagnetic material.
  - 45. The device of claim 34, wherein said property is heat, an electrical property, eddy currents, conductivity, or frequency changes or a combination thereof.
- 25 46. The method of claim 45, wherein heat is monitored via optical detection.
  - 47. The device of claim 46, wherein said optical detection is infrared.
- 30 48. A method of monitoring electrical conductivity in a biological sample, comprising:

inductively generating an electromagnetic field proximally to said sample to heat said sample;

monitoring eddy currents in said sample generated via the electromagnetic field; and

- 5 correlating eddy current density with electrical conductivity in said biological sample thereby monitoring said electrical conductivity.
  - 49. The method of claim 48, wherein said biological sample is *in vivo* or *in vitro*.
  - 50. The method of claim 48, wherein said biological sample is a tissue, a fusion composition or a combination thereof.

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51. The method of claim 48, wherein said biological sample comprises a diagnostic assay.